

Dear Military Families!

Learn more babiesonthehomefront.org

Find fun and engaging ways to share those everyday moments with your baby

or toddler whether home or deployed. You can tailor the information to your young child's age and you or your spouse's current status: at home, leaving soon, deployed, returning home, veteran, or at a hospital.

Share your photo gallery with other family members through a personal photo gallery cloud account. Use the countdown counter or the emoji counter during family separations or countdown to special occasions.

**Download for FREE** from app stores in English and Spanish for both smart phones and tablets.

ZERO TO THREE gratefully acknowledges USAA for their support, and the Robert R. McCormick Foundation for funding the original app.





In this app, you will find:

## **BEHAVIOR TIPS**

Find ideas for handling those tougher parenting moments like tantrums, or those unique challenges like missing a deployed parent

#### PT (PLAY TIME)

Ideas for fun activities and soothing activities that will keep your connection to your baby strong no matter where you are

## AT EASE (SELF-CARE)

Ideas to help you remember to take care of yourself so you can take care of your baby

# HELP ME GROW (YOUR CHILD'S DEVELOPMENT)

Information on your child's development with tips for you to support your child as they grow

#### NEW!

Privately message your co-parent, sharing your family's experiences. Send fun emojis to your child(ren) including kisses, hugs, and high fives. Store photos and videos to share with your child, or send video

