

Are You a Military or Veteran Parent with a Baby or a Toddler?

Check out the new FREE app from ZERO TO THREE



BABIES ON THE HOMEFRONT



This app provides you with ideas for handling those everyday moments. You can tailor the information to your young child's age and your current status: at home, leaving soon, returning home, veteran, or at a hospital.

You will find:

- ★ **Behavior Tips**—Ideas for handling those tougher parenting moments like tantrums, or those unique challenges like missing a deployed parent
- ★ **PT (Play Time)**—Ideas for fun activities and soothing activities that will keep your connection to your baby strong no matter where you are
- ★ **At Ease (Self-Care)**—Ideas to help you remember to take care of yourself so you can take care of your baby
- ★ **Feeling Photos**—Personalize your app by matching your baby's photos to feeling words

Learn more at www.babiesonthefront.org or download your free app today! English and Spanish versions available in the *iTunes Store* and *Google Play Store*.

Scan with your smartphone to download



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